Blessing Health Cancer Annual Report 2023



2023 - ACCESS TO TIMELY CARE AT BLESSING CANCER CENTER

According to a study from the National Institutes of Health, published in 2020, patients with breast, prostate, non-small cell lung, and colon cancer, generally have an increased all-cause mortality associated with increasing time to treatment.

At the Blessing Cancer Center, we continually work to improve our times from initial cancer diagnosis to the initiation of cancer treatment.

In particular, we tracked times from diagnosis to treatment for breast, lung and colon cancers, looking for ways to decrease the time to treatment.

Improvements include:

- Most patients are assigned a navigator for breast, lung, and colon cancer to facilitate coordinated appointments and multidisciplinary care.
- A vast majority of patients are discussed at tumor board meetings where care is discussed by multi-disciplinary care teams.
- Strive to complete breast cancer surgery in a non-neoadjuvant setting within 60 days of diagnosis for stage I-III breast cancer
- An additional 3T MRI installed at Blessing to reduce wait time for MRI's

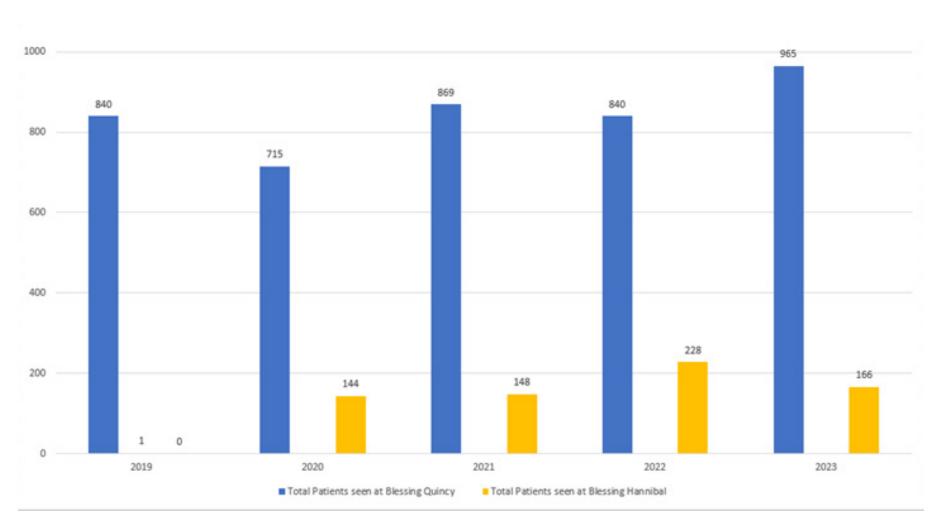
Respectfully submitted,

Robert Johnson, MD Medical Director & Committee Chairman Blessing Cancer Center Lori Wilkey Administrative Director Blessing Cancer Center

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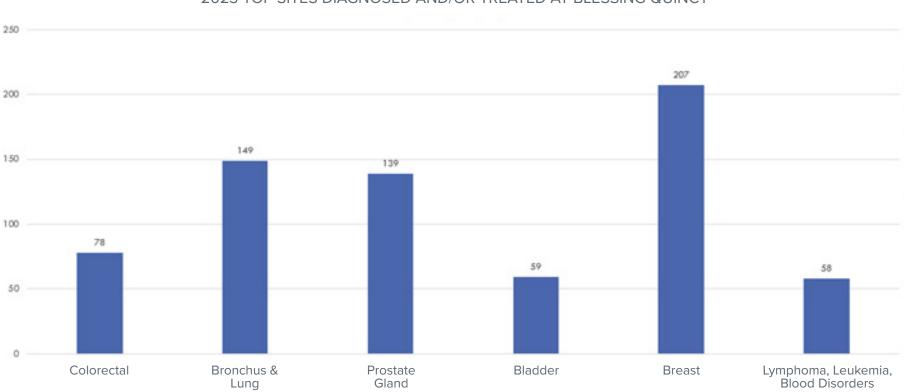
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Patient Data: Total Patients, Quincy/Hannibal



TOTAL PATIENTS INITIALLY DIAGNOSED AND/OR TREATED AT BLESSING QUINCY AND BLESSING HANNIBAL (2019-2023)

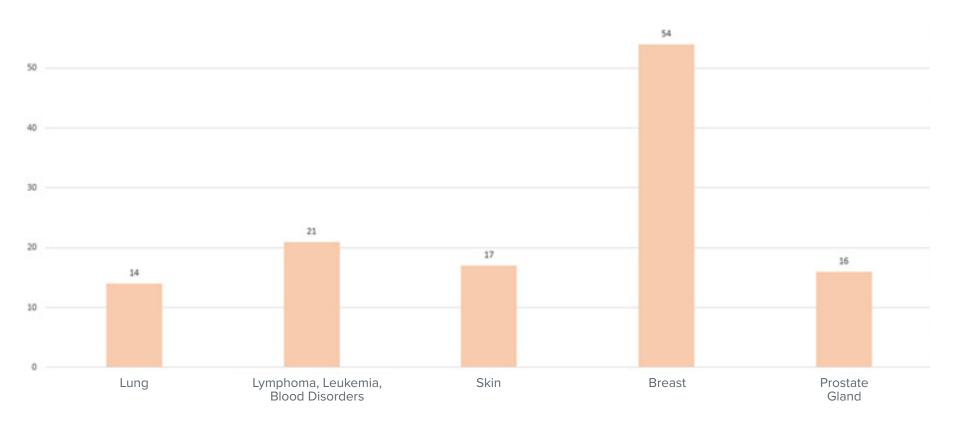
Patient Data: Cancers Treated, Quincy



2023 TOP SITES DIAGNOSED AND/OR TREATED AT BLESSING QUINCY

Patient Data: Cancers Treated, Hannibal

2023 TOP SITES DIAGNOSED AND/OR TREATED AT BLESSING HANNIBAL



Patient Data: Appearance Center

Total Number of Oncology Patients Served:	133
Knitted Knockers Provided to Patients	5
Post Op Garments Provided to Patients	11
Prosthetics Provided to Patients	6
Pillows Provided to Patients	29
Head Coverings Provided to Patients	43
Wigs Provided to Patients	39

Survivorship

"The cancer committee oversees the development and implementation of a survivorship program directed at meeting the needs of cancer patients treated with curative intent."

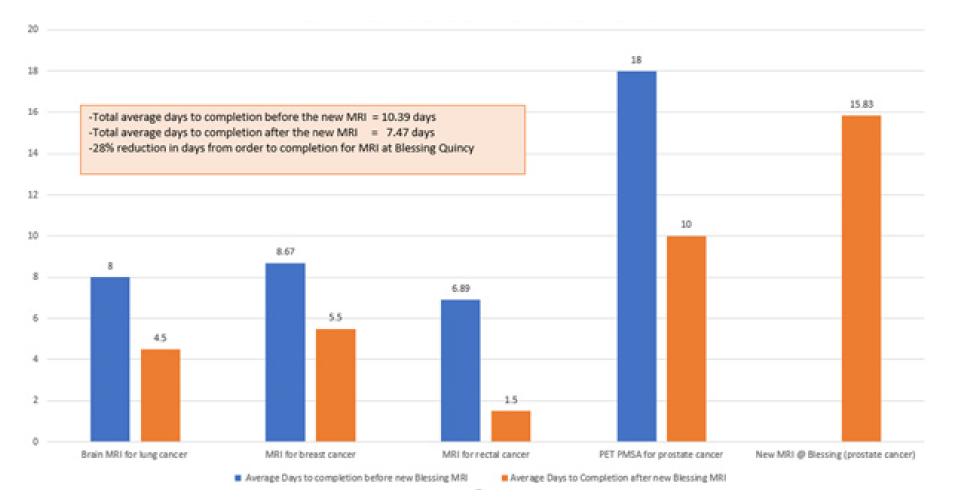
- Commission on Cancer

Blessing's Survivorship Program offers the following services:

- Lymphedema | 393 SOZO screenings, 72 new patients, 17 abnormal with 9 resolved by compression sleeves and 8 referrals to OT. All screened every 3 months. Currently screening 8 patients manually that have been diagnosed with bilateral cancer, have pacemakers, or limb prosthetics that prevent them from getting SOZO screening.
- Sexual Wellness | 5 patients were seen, 3 were seen several times
- Support Groups | Women's Support Group (9 offered, 24 participants), Art Classes (3 offered, 11 participants), Renew Classes (1 offered, 2 participants), Classes in Community (2 offered, 7 participants), Smoking Cessation (10 groups)
- Survivorship Care Plans | 144/168 SCPs delivered = 86% (2022 | 120/179 SCPs delivered = 67%)
- Artwork in display case outside of Radiation Oncology Department
- Prayer Box requests | 29, 1 referral to meet with patient
- Appearance Center | 39 wigs, 126 head coverings, 29 pillows, 6 prosthetics, 11 post op garments, 5 knitted knockers
- Gong Ceremonies | 51
- Physical Activity Programs | Blessing Wellness Center & YMCA (11 referrals)

Cancer Program Goal: To reduce times to MRI Dr. Johnson

2023 SAMPLE MRI TIMES FROM ORDER TO COMPLETION BEFORE AND AFTER THE NEW MRI AT BLESSING QUINCY



Screenings

In the year 2023, we performed the following cancer screenings:

Screening Type	Screening Date	Total Screened	Cancer Diagnosed
Skin Cancer	5/19/23	35	0
Prostate Cancer	9/23 - 11/23	85	0
Colon	2023	317	1
Breast "Pack the Schedule"	5/22 & 10/22	82	0
LDCT	2023	250	2

Prevention Education: Smoking Prevention

The Great American Smoke Out - 11/16/2023

No Smoking education in the Quincy Area Public School System - November & December 2023

- Cancer Site: Lung
- Partnering Community Organizations: Adams County Public & Private Schools
- Target Audience: 4th Grade Children
- Guideline Used: American Cancer Society & American Lung Association
- Type of Prevention: Behavioral Risk Reduction Smoking/Tobacco/Vaping Avoidance

Clinical Research

At Blessing, the Clinical Research Department contributes to medical knowledge. We are involved in various types of clinical research studies, trials and treatments. The Blessing Clinical Research Department offers different types of interventional clinical trials including medication, devices, psychotherapy, new approaches to radiation therapy, surgery or a combination of the mentioned.

Screening Research	46
Supportive Care	2
Total Number of Patients Served:	48

Survivorship Events: Survivor Day, June 2, 2023



Survivorship Events: Evolve, September 30, 2023



People: Cancer Committee

Committee Position

Dr. Robert Johnson Dr. Harsha Polavarapu Dr. Aparna Yopuri	Dr. Harsha Polavarapu Dr. Emmanuel Bessay Dr. Haritha Yepuri
Dr. Nicholas Hunter	Dr. Adam Lang
Dr. Harsha Polavarapu	Dr. Emmanuel Bessay
Dr. Mohammed Memon Dr. Daniel Koh	
Dr. Robert Johnson	Dr. Mark Khil
Lori Wilkey	Tim Tranor
Sara Heinecke	Sarah Pruett
Mary Ripper	Melissa Penn
Vera Bickhaus	Cathy Brogdon
Lance Privett	
Cathy Brogdon	
Kiley McGlauchlen	
Mary Ripper	Melissa Penn
	Dr. Harsha Polavarapu Dr. Aparna Yepuri Dr. Nicholas Hunter Dr. Harsha Polavarapu Dr. Mohammed Memor Dr. Robert Johnson Lori Wilkey Sara Heinecke Mary Ripper Vera Bickhaus Lance Privett Cathy Brogdon Kiley McGlauchlen

Committee Member Alternate Member

Active Committee Members

Dr. John Arnold, Dr. Kristi Gillette, Dr. Halley Anderson, Anna Fee, Karen Kerns, Kaitlyn Keen, Jen Micho, Mary Winkeljohn, Paige Teel, Brooke Gibson, Karen Dames, Leah Heming, Dr. Kellie Flippin, Kristen Cook, Dr. Rex Schulz, Dr. Kirk Hill, Chad Noggle, Angie Loos, Stephanie Willey, Jessica Nuebel, Sarah Pruett, Diana Seals, Dawn Herzog, Hannah Goudschaal, Sherri White, Amanda Jennings, Dr. Arif Bari, Dr. John Hammock (Ex-officio), Dr. Chris Solaro (Ex-Officio)

People: Julie Eftink Patient Story



Julie Eftink, employee and Colorectal Cancer patient, was featured in a marketing campaign for the Cancer Center including TV, radio, print ads, billboards, social media, and digital ads.

Click Here to Watch

Milestones

Quincy Herald Whig Reader's Choice



Blessing Hospital once again earned Best Cancer Center.

New Women's Monthly Support Group - February 2023 Julie Eftink Colorectal Cancer Patient Story - March 2023 Intuitive ION Robotic Bronchoscopy System for Lung Biopsies - March 2023 Added New Signa Pioneer 3 Tesla MRI, Capable of PSMA Imaging - July 2023 Upgraded CT System in Radiation Therapy with LDCT Capabilities - July 2023 Merge with Hannibal Clinic as one CoC Program - September 2023

Blessing Health Hannibal





OUR MISSION

To improve the health of our communities.

blessinghealth.org