

Hamburger Soup with a Hawaiian Roll



\$7 per bowl

Pick up on Tuesday, December 10th:

- 48th & Maine (11:15-11:30 am) – dropped off at your department
- Blessing Hospital Cafeteria (Noon – 6:30 pm) – grocery cooler
- Wellness Center (Tuesday Noon-5 pm, Wed/Thurs 8 am-5 pm)

To place an order, please email:

blessingwellnesscenter@blessinghealth.org or call us at: 217-214-5858

Orders and payments due by 2 pm on Friday, December 6th.

LIMITED SUPPLY AVAILABLE

Ingredients: Ground beef, beef broth, potatoes, green beans, onion, carrots, celery, bell pepper, fire-roasted tomatoes, Italian Seasoning, black pepper, salt, bay leaf.

SERVED WITH A HAWAIIAN ROLL ON THE SIDE



Nutrition Facts

Serving Size: 1 bowl

Amount per serving

Calories: 320

Total Fat: 10 g

Saturated Fat: 4 g

Sodium: 910 mg

Total Carbohydrates: 35 g

Fiber: 7 g

Sugars: 10 g

Protein: 25 g