



Italian Wedding Soup

\$7 per bowl

Pick up on Tuesday, February 11th:

- 48th & Maine (11:15-11:30 am) – dropped off at your department
- Blessing Hospital Cafeteria (Noon-6:30 pm) – grocery cooler
- Wellness Center (Tuesday: Noon-5 pm)
(Wednesday/Thursday: 8 am-5pm)

Nutrition Facts

Serving Size: 1 bowl

Amount per serving

Calories: 300

Total Fat: 11 g

Saturated Fat: 4 g

Sodium: 1300 mg

Total Carbohydrates: 26 g

Fiber: 4 g

Sugars: 4 g

Protein: 25 g

To place an order, please email:

blessingwellnesscenter@blessinghealth.org or

call us at: 217-214-5858

Orders and payment due by Friday, February 7th.

Ingredients: Reduced sodium chicken broth, ground beef, baby carrots, spinach, pasta, egg, breadcrumbs, parmesan cheese, celery, garlic, oregano, salt, parsley, black pepper.