



YOUTH TRAINING PROGRAM

NEW PROGRAM!

Children of Illini Fitness members ages 11-15 are now eligible to enroll in the Youth Training Program. All eligible children will be required to complete one, 60-minute training session. Participants will be given an in-depth overview of the facility, learn how to use strength/cardio equipment with proper form, and the basics of gym etiquette.

- Child is required to be added to parent/legal guardian membership
- Youth Training Program Fee of \$20/child paid at time of membership registration
- Membership Registration & Training Session scheduled by appointment only
- Upon successful completion of the program, the child will be eligible to begin utilizing the facility
- Minors age 11-15 are not allowed, per the Illini Fitness Membership Policy, to utilize the facility without a parent/legal guardian or an adult member whom the parent/legal guardian deems as responsible present at all times

AGES: 11-15

COST: \$20



217.285.5635

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