



SPORTS NUTRITION SUPPLEMENTS

VIRTUAL EVENT

TUESDAY, MAY 20 | 5:30 PM



TAVIS PIATTOLY, MS, RD, LDN

- Co-owner of My Sports Dietitian
- Education Program Manager and Sports Dietitian for the Taylor Hooton Foundation
- Sports Dietitian and Nutrition Consultant for Fairchild Sports Performance in Houston, TX
- Adjunct faculty for Concordia University of Chicago's Exercise Science department
- Previous Sports Dietitian for the New Orleans Saints from 2006-2013 and New Orleans Pelicans from 2008-2013
- Served as the Sports Dietitian for the Tulane Athletics from 2002-2014 and the Tulane Institute of Sports Medicine's NFL Players Association Brain and Body program from 2013-2016

Cost: FREE for members

Email jen.kamps@blessinghealth.org to register. Limited spots available.