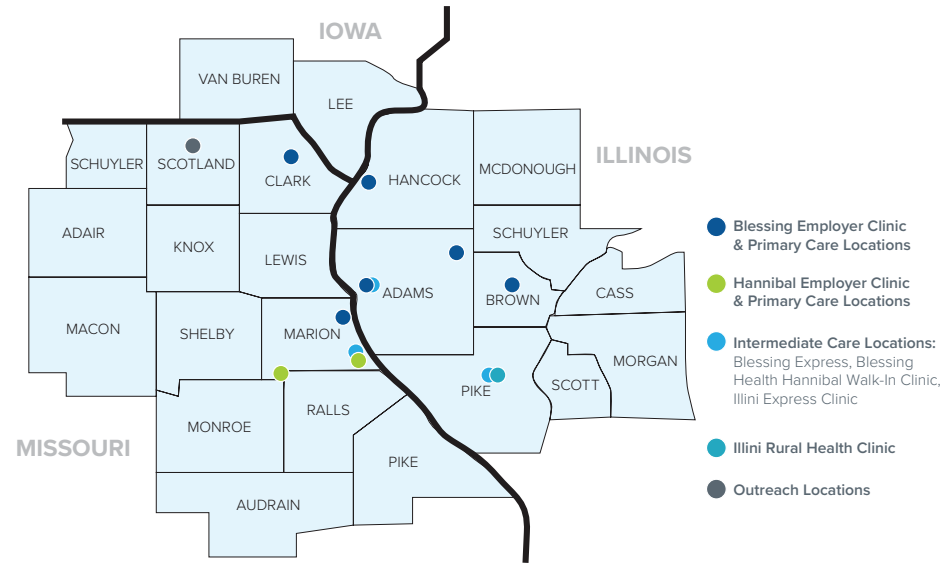


ACCESS TO PROVIDERS AT ALL 13 LOCATIONS!



PRIMARY CARE - IL

BLESSING EAST ADAMS CLINIC - GOLDEN

102 Prairie Mills Rd. | 217.696.4446
Hours: 8 am - 5 pm, Monday - Friday

BLESSING EMPLOYER CLINIC - QUINCY

Seeing patients 2 years and older
24th & Broadway | 217.214.6300
Hours: 6 am - 6 pm, Monday - Friday

BLESSING HEALTH HAMILTON WARSAW

1102 N County Rd. 700 | 217.256.4100
Hours: 7:30 am - 4:30 pm, Monday - Friday

BLESSING HEALTH MT. STERLING

521 East Main St. | 217.773.7105
Hours: 8 am - 5 pm, Monday - Friday

ILLINI RURAL HEALTH CLINIC - PITTSFIELD

640 W. Washington | 217.285.9447
Hours: 7 am - 5 pm, Monday - Friday

PRIMARY CARE - MO

BLESSING HEALTH HANNIBAL

Seeing newborns and older
100 Medical Dr. | 573.221.5250
Hours: 8 am - 5 pm, Monday - Friday
BLESSING HEALTH MONROE CITY
400 North Main | 573.735.4541
Hours: 8 am - 5 pm, Monday - Friday

BLESSING HEALTH PALMYRA

6996 County Rd. 326 | 573.769.3710
Hours: 8 am - 5 pm, Monday - Friday

BLESSING HEALTH KAHOKA

103 E. Commercial St. | 660.727.3377
Hours: 8 am - 5 pm, Monday - Friday

EDINA MEDICAL SERVICES

55682 MO-6, Ste. A | 660.460.8140
Hours: 8 am - 5 pm, Monday - Friday

QUICK/MINOR ILLNESS

BLESSING EXPRESS CLINIC - QUINCY

Seeing patients 18 months and older
420 N. 34th St. | 217.214.9626
Hours: 8 am - 8 pm, Monday - Friday
8 am - 5 pm, Saturday - Sunday

HANNIBAL WALK-IN CLINIC -

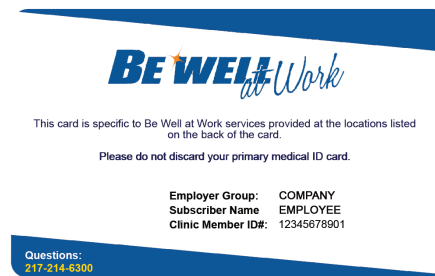
Seeing patients 3 months and older
100 Medical Dr. | 573.231.3900
Hours: 7 am - 7 pm, Monday - Friday
9 am - 4 pm, Saturday - Sunday

ILLINI EXPRESS CLINIC - PITTSFIELD

Seeing patients 18 months and older
640 W. Washington | 217.285.5080
Hours: 8 am - 6 pm, Monday - Saturday

Please remember to show your BWAW member ID card for services to be covered.

If you need a new card, please contact the Blessing Employer Clinic at 217.214.6300.



CONVENIENT HEALTHCARE FOR YOUR EMPLOYEES



Start your healthcare journey with the help of the Be Well at Work Program

Our custom health and wellness services make it easy for you to get the care you need. Get started today by calling the Be Well at Work clinic that is most convenient for you.

CONTACT US

217.214.6300 (IL)
573.231.3850 (MO)

BWAW@blessinghealth.org

blessinghealth.org/bewellclinics

FOR MORE INFORMATION CALL,
217.214.6300 (IL) OR 573.231.3850 (MO).

blessinghealth.org/bewellclinics



Comprehensive Care

FOR YOU AND YOUR FAMILY



PRIMARY CARE

The Be Well at Work provider team offers a full scope of primary care to help you reach your individual goals. Seeing patients 2 years and above in Illinois and newborn+ at the Blessing Health Hannibal. See map for a comprehensive list of Be Well at Work locations with operating hours.

SCOPE OF SERVICES

- Well-Child Exams
- Annual Exams
- Skin Rash
- Cold/Flu
- Sore Throat/Strep
- Seasonal Allergies
- Earaches
- UTI/Painful Urination
- Sprains & Strains
- Sutures for Minor Lacerations

LAB SERVICES

All routine labs are covered if ordered by your BWAW provider. Examples include:

- Complete Blood Count
- Comprehensive Metabolic Lipid Panel
- TSH (thyroid)
- Urine Dipstick
- Strep Screen
- Urine Pregnancy
- Mono
- Urinalysis
- Hemoglobin A1c
- PSA (prostate-specific antigen)

VACCINES

All vaccines recommended by your provider and the Center for Disease Control. Examples include:

- Flu
- Hepatitis A
- Hepatitis B
- MMR (measles, mumps, rubella)
- DTaP (diphtheria, tetanus, pertussis)
- Pneumonia
- Shingles

RADIOLOGY

To make your visit more convenient, select radiology services and readings are available to you at no charge if ordered by your BWAW provider.

QUICK CARE

Available at your primary care or quick/minor illness locations for immediate, less serious health concerns.

- Allergies
- Bumps, Cuts & Scrapes
- Cold & Flu Symptoms
- Ear Infections
- Eye & Skin Irritations
- Insect Stings or Bites
- Nausea, Vomiting & Diarrhea
- Respiratory Illnesses
- Sinus Infections
- Sore Throat
- Urinary Tract Infection

NOTES

WELLNESS COACHING

Ongoing wellness coaching is available throughout the year. Your coach will help you identify an area of health & wellness that needs improving, implement a plan to reach the desired goal, and monitor your progress to ensure a successful outcome. Coaches can also create customized workout plans for you to follow. Scan the QR code to get started.



SCAN ME

FITNESS

As a Be Well at Work member, you have access to the Blessing Wellness Center and Illini Fitness, which offers all the tools you need in your wellness journey. In our state-of-the-art facility, our qualified staff members work with you to help set and manage your health and wellness goals.

MEMBERSHIP BENEFITS

- Free 30 Minute Personal Training Session
- Required Orientation Session
- Cardio & Strength Equipment
- Access to our Additional Services

Orientation sessions are required for every eligible, prospective member to ensure you get started in a safe and efficient way. Call **217.214.5858** to register and schedule your orientation. New key tags will be issued after you have completed orientation.

WELLNESS CENTERS

BLESSING WELLNESS CENTER - QUINCY
4917 Oak St. | 217.214.5858
Hours: 24 Hours, Monday - Sunday

ILLINI FITNESS - PITTSFIELD
321 W. Washington | 217.285.5635
Hours: 24 Hours, Monday - Sunday

GET HEALTHY

SAVE TIME

SAVE MONEY

All services must be ordered by a provider of the Be Well at Work program to be covered at no charge.