### ALZHEIMER'S TRAINING 2025



#### VOLUNTEER REQUIREMENTS

- We are required to receive 3 hours of annual education focused on Alzheimer's education
- This year we will be utilizing the free training from The Alzheimer's association for our requirements.
- This is easy to register for free training. The training will give clear objectives for each program. Each program will test your still, and you will complete a survey at the end of each one.
- You will be able to print out a certificate of completion at the end of each program.



## LEARNING FROM THE EXPERTS:

THE ALZHEIMER'S ASSOCIATION



#### SIGN UP FOR FREE EDUCATION

←

- Step I: Go to https://www.alz.org/
- Go to Search and type in **Education Center**
- Picture to the right is what your screen should look like





#### SIGN UP FOR FREE EDUCATION



- Click on Online Education Programs
- Picture to the right is what your screen should
  look like once at Online Education Programs



Welcome to the Alzheimer's Association Education Center. The Association offers a number of Alzheimer's and dementia programs available online, 24 hours a day. Please click on a program title below for more information, or use the search folders to find the right program for you.

For Alzheimer's and dementia education in Spanish, please click here.



Help evaluate a free virtual program by the Alzheimer's Association® about making financial decisions and planning for future care costs.



alzheimer's R association





#### SIGN UP FOR FREE EDUCATION

- Click on the purple tab labeled Log ln/ Register
- Fill in the information
- Create and save your password. This will allow you to have continue assess to your education, your completed programs, and resources





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Learn More









- Once you are logged in, you will see your name in the right hand corner.
- Scroll down and you will see the programs available to you





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#### EDUCATION PROGRAMS YOU WILL NEED TO COMPLETE

 Please view and completed the following educational programs: Each one is about an hour long Understanding Alzheimer's' and dementia
 10 Warning Signs of Alzheimer's
 Living with Alzheimer's: For Caregivers- Late Stage



#### CLICK ON THE PROGRAM

- Choose your program by clicking the ADD TO CART
- Follow the rest of the prompts to complete the program.



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Apps 🔜 M	lanaged bookmarks	ass
	n Programs	
Found 13		
THE REAL PROPERTY OF	10 Warning Signs of Alzheimer's	Fr
	Recognize common warning signs of Alzheimer's and learn what symptoms to	ADD TO CAR
online course	in yourself and others.	
	GENERAL INFORMATION	1
0	Understanding Alzheimer's and Dementia	Fr
	(formerly known as The Basics: Memory Loss, Dementia and Alzheimer's Disease)	ADD TO CAR
online course		
	Learn about the difference between Alzheimer's and dementia, stages, risk factors and more. Closed Captioning (CC) available.	
	CLOSED CAPTION GENERAL INFORMATION CAREGIVING EARLY STAGE	
	Approaching Alzheimer's: First Responder Training	Fr
	This free online course will help prepare you to respond to commons calls involving a	ADD TO CAR
online course	person with dementia.	
	FIRST RESPONDERS POLICE	
	Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning	Fr
1.20	Learn to have honest and caring conversations about common concerns when	ADD TO CAR
online course	someone begins to show signs of dementia.	
	GENERAL INFORMATION CAREGIVING EARLY STAGE	
5	Effective Communication Strategies	Fr
C.	Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of	ADD TO CAR
online course	the disease.	
	LATE STAGE GENERAL INFORMATION CAREGIVING EARLY STAGE MIDDLE STAGE	
303	Healthy Living for Your Brain and Body: Tips from the Latest Research	Fr
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#### Healthy Living for Your Brain and Body: Tips from the Latest Research

Join us to learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age, and use handson tools to help you incorporate these recommendations into a plan for healthy aging.

ADD TO CART

#### **COMPLETING A PROGRAM**

- Once you have successful gone through the program you will have to click on a few more boxes
- Complete the Survey.
- Once survey is completed. Click the Print Certificate You can either print for your records or save to your computer. I will need a copy of this certificate.





### PRINTING YOUR CERTIFICATE

- This is what the certificate of completion looks like!
- You can save as a PDF and send me an email. My email address is <u>Cindy.Grawe@blessinghealth.org</u>.
- You can print and mail or drop a copy off at the office.
- You will need to fill out the hospice evaluation for each training as well.
- Please keep a copy of your completion for your own records.

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	FICATE OF COMPL			
	The Alzheimer's Association® recognizes			
	Cindy Grawe			
f	or successfully completing the online education cours	se		
Und	lerstanding Alzheimer's and Deme	entia		
	August 27, 2021			
alz.org*	alzheimer's $\ref{blue}$ association <sup>®</sup>	800.272.3900		



### PLEASE REMEMBER YOUR PASSWORD TO THE ALZHEIMER'S ASSOCIATION

We will be using their website in the future.





# **THANKS!**

#### Any questions?

You can find me at

- 217-242-0696 work cell
- <u>Cindy.grawe@blessinghealth.org</u>
- 217-223-8400 ext 4731

